

A free interactive workshop for  
parents of adolescents with  
**AUTISTIC SPECTRUM DISORDER**

Date: 4th June 2009  
Time: 9.00am - 12:30pm  
Venue: Premier Inn Hotel, Cardiff North



**BEECHWOOD**  
*College*

## TRANSITION TO INDEPENDENT LIVING

The transition into adulthood can be a challenging time for many adolescents. For the majority of parents, support networks are plentiful and may include friends, family, school teachers or even magazines. However for parents of young adolescents on the Autistic Spectrum, the transition from school to independent living is complex and challenging and can seem a daunting and stressful prospect.

### The Workshop

There is much emphasis placed on the needs of young autistic children in Wales but unfortunately the needs of adolescents often go unaddressed leaving many parents uncertain as to the options available for their teenage sons and daughters who may wish to continue their education after the age of sixteen to develop social relationships, independent living skills and occupational interests.

This free workshop will enable you to find out about the options available for your son or daughter between the ages of 16-25 as they develop into adulthood.

### Why should you attend?

- Meet other like-minded parents
- Learn useful tools and strategies for coping with the challenges of young people with ASD in transition from school to independent living skills
- Increase your knowledge and help your son or daughter to achieve their individual goals
- Find out about post 16 educational provisions for young people aged 16-25 in Wales



A group of students aged 16-25 who are currently attending Beechwood College, Wales' first residential college for young people with Autistic Spectrum Disorder and Aspergers.

Booking line: 029 2039 4410

[www.beechwood-college.co.uk](http://www.beechwood-college.co.uk)



## The workshop provider: Beechwood College

Beechwood College is Wales' first purpose-built residential college for young people aged 16-25 who have Autistic Spectrum Disorder or Asperger's Syndrome. Set in beautiful grounds in the heart of the Vale of Glamorgan, Beechwood College offers all the facilities and connections to the local community that young people could wish for. Beechwood is unique in its ability to offer not only specialist further education but appropriate care, nursing and therapeutic services provided by our multi-disciplinary team which includes occupational therapy, psychology and speech and language therapy.

For more information and to book your place at this free workshop please contact our events team on:

**T: 029 2039 4410**

**Email: [events@lshealthcare.co.uk](mailto:events@lshealthcare.co.uk)**

**Register online: [www.lshealthcare.co.uk](http://www.lshealthcare.co.uk)  
[www.beechwood-college.co.uk](http://www.beechwood-college.co.uk)**



In addition to clinical interventions and residential provisions, Beechwood College offers students the opportunity to gain accreditations through awarding bodies such as ASDAN and OCN.



### How to find the workshop:

Premier Inn Cardiff North  
Pentwyn Road - Pentwyn  
Cardiff - CF23 7XH  
T - 0870 850 6338



A member of the Ludlow Street Healthcare Group

